

The Scope of Physical Education in National Education Policy 2020 in India

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Abstract: *This research paper critically examines the scope of physical education within the framework of the National Education Policy (NEP) 2020 in India. With a focus on the policy's provisions and objectives related to physical education, the study aims to elucidate the potential impact on the holistic development of students and the broader education system. The paper explores the interdisciplinary nature of physical education, its role in promoting sports and physical activities, and its contribution to skill development and vocational aspects. Additionally, the research identifies challenges and opportunities in the implementation of physical education under NEP 2020 and presents case studies showcasing effective practices. Through a comprehensive review, this paper provides insights into the implications of NEP 2020 for physical education, offering recommendations for maximizing its scope and fostering holistic student well-being.*

Keywords: National Education Policy 2020, Physical Education in India, Holistic Development, Interdisciplinary Learning, Sports and Physical Activities, Skill Development