

# Various Aspects of the Curricular Framework of Physical Education under the National Education Policy (NEP) of India

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**Abstract:** *The National Education Policy (NEP), implemented in [year] in India, has ushered in transformative changes across the educational spectrum, with a particular focus on Physical Education (PE). This research paper delves into the various facets of the curricular framework of PE under the NEP, scrutinizing its objectives, structural components, inherent challenges, and the potential ramifications for the holistic development of students. By examining the nuanced interplay between policy mandates and practical implementation, this study seeks to provide insights into the effectiveness and adaptability of the PE curriculum within the broader context of the NEP. Additionally, it explores the implications of these changes on students' overall well-being, physical fitness, and the cultivation of essential life skills. Through a comprehensive analysis, this research contributes to the ongoing discourse on educational reform, offering valuable perspectives on the role and impact of the NEP on the landscape of Physical Education in India.*

**Keywords:** National Education Policy (NEP), Physical Education (PE), Curriculum framework, Educational landscape, Educational paradigm

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