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Role of Physical Education and Teachers in the National Education Policy of India

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Abstract: The National Education Policy (NEP) of India, a visionary blueprint for educational reform, seeks to revolutionize the nation's education system with an emphasis on holistic development and learner-centric methodologies. This research paper delves into the integral role played by physical education and teachers in the effective implementation of the NEP. Focused on uncovering the multifaceted impact of physical education, the study highlights its role in fostering well-rounded individuals. Additionally, the paper sheds light on the pivotal contribution of teachers, who not only impart academic knowledge but also play a central role in nurturing essential life skills. Through an exploration of these key components, the research seeks to contribute valuable insights into the transformative landscape envisioned by the NEP in the context of physical education and the educators shaping the future of the nation.

Keywords: National Education Policy (NEP), Physical Education, Teachers, Holistic Development, Learner-Centric Approach, Educational Reform

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