## **IJARSCT**



International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 3, Issue 4, December 2023

## Physical Education States and Prospectus in NEP 2020

Dr. Manjusha J. Deshmukh

Post Graduate Institute, Dr. P. D. K. V. Akola mjdeshmukh20@gmail.com

**Abstract:** Education is the manifestation of the perfection exiting in man. The primary objective of education is overall personality development. Complimenting to this object, the paradigames of Physical Education are integrated NEP 2020. Physical Education teachers will contribute is bringing health and wellness at every aspect of every individual personality therefore the framework for Physical Education became and interesting assignment for the commit, for making citizen of 21st century equipped with critical thinking, problem slowing, cognitive skill and self directed learning.

DOI: 10.48175/IJARSCT-15150

**Keywords:** NEP

