

Pre Competition Anxiety Level among Wrestlers in Different Age Groups

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Abstract: *The purpose of the study was to compare the anxiety level among wrestlers in different age groups of different female students from different schools of Amravati District. The study was conducted on 60 female students as subjects and 20 subjects were selected from each category i.e., 20 from under 14 age group, 20 from under 17 age group, and 20 from under 19 age group, through simple random sampling method. The level of significance was set at 0.05 and ANOVA was applied to compare the difference between the groups. It was hypothesized that there was significant difference of anxiety level among wrestlers in different categories.*

Keywords: Anxiety Level and Age Groups