

The Role of Physical Education and Teachers in the National Education Policy (NEP)

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Abstract: *As the NEP policy continues to guide educational reforms, the emphasis on physical education is poised to contribute to the cultivation of well-rounded individuals capable of navigating the challenges of the modern world.*

Physical education teachers are integral to the successful implementation of the National Education Policy. Their responsibilities extend beyond imparting physical skills to encompass creating inclusive environments, providing individualised instruction, and cultivating lifelong fitness habits.

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