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Relevance of Physical Education in NEP 2020

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Abstract: It is being expressed by many educationists that India can become a world superpower based on the new education system. Prime Minister has brought out the National Punishment Policy, 2020, which has been prepared in consultation with everyone. With its introduction, a wide discussion of education has started in the country. According to Gandhi, education is the holistic and excellent development of body, mind and soul of the child and man. Swami Vivekananda also said that education is to express the innate perfection of man. Amid all these discussions, there was a need to come up with a new National Education Policy to address the shortcomings of the 1986 Education Policy. Students cannot develop fully by studying the relevant subject only. Students need to have knowledge of Arts, Physical Education, Vocational Education and Competitive Examinations for complete development. Emphasis is also placed on recruitment of prospective teachers in all states and Union Territories for this purpose. There is discussion of quality promotion in teacher recruitment as per requirement. The primary goal is to radically change the school's working environment and culture, so that both teachers and students can develop to their maximum potential. In accordance with this, the present research paper reflects on the new national education policy and the condition and requirement of physical education.

Keywords: New National Education Policy,(2020) Physical Education, Sports, Health

