

Role of Physical Education and Teachers in NEP

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Abstract: *New education policy wants to development of sports. So they include the subject of sports and physical education in NEP. This subject have weightage as per science or English. Students want recreation and engagement in college as well as study. By this policy students are engaged and recreate they can grow with physically cognitively and socially with the help of sports. The physical teacher were spent most time with students and encourage students to participate in physical activity and sports. They teach each and every skills. The physical teacher is to provide maximum physical activity within the class period, teach skills and activity that transfer in to physical education outside of the class.*

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