

Future and Scope of Physical Education Curriculum Proposed in the National Education Policy (NEP) of India

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Abstract: *The National Education Policy (NEP) of India, unveiled in [year], embodies a visionary blueprint for the overhaul of the nation's educational framework. At its core, the NEP advocates a transformative shift toward holistic development, ushering in a redefined perspective on physical education. This research paper navigates the uncharted territory of the future and scope delineated within the proposed physical education curriculum of the NEP. A meticulous exploration of this curriculum unfolds, shedding light on its prospective influence on the holistic well-being of students, their academic prowess, and the overarching tapestry of the educational domain. By dissecting the contours of the NEP's physical education paradigm, this paper endeavors to unearth insights that resonate with the transformative potential of this policy, promising a nuanced impact on the multifaceted development of India's emerging generations.*

Keywords: National Education Policy, Physical Education, Holistic Development, Curriculum Reform, Academic Performance, Cognitive Benefits, Well-Being