

# National Education Policy: 2020 and the New Approaches of Physical Education Teacher

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**Abstract:** *In order to realize one's full potential, create a just and equitable society, and advance national development, education is essential. As part of the 2030 Agenda for Sustainable Development, which India adopted in 2015, the global education development agenda is represented in Goal 4 (SDG4), which aims to "ensure inclusive and equitable quality education and promote lifelong learning." by 2030, "opportunities for all." Sport is becoming a significant factor in a nation's socioeconomic development, and physical education is an essential component of the entire educational process. This study aims to provide a thorough examination of NEP2020 from the standpoint of sports and physical education. Lastly, some recommendations are made for its successful application in the fields of sports and physical education.*

**Keywords:** Physical Education, Sports