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Study of Sports Injuries in Football, Ice Hockey, Roller Skating Players and Physical Fitness Importance in New Education Policy

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Abstract: The NEP-2020 aims to transform India into a worldwide knowledge superpower with universal access to the best education. The all-encompassing and multidisciplinary education that is proposed by this policy is meant to aid in learners' overall development while improving their employability potential and equipping them with the necessary skills for new jobs in developing industries.

The NEP strives to satisfy the evolving needs for research, innovation, and education by implementing a variety of modifications in the educational system, from pre-primary years to higher education.

At the graduate, Master's, and doctorate level in big multidisciplinary universities, it encourages rigorous research-based specialization and provides opportunities for interdisciplinary cooperation.

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