

Medicinal Herbal Plants Useful for Diabetes

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Abstract: *The world is currently facing a diabetes epidemic. The World Health Organization (WHO) reported that the global prevalence of DM was 171 million in 2000 and will increase to approximately 366 million by 2030. However, the global prevalence of DM has already reached 346 million in 2010. About 1.6 million deaths are directly attributable to diabetes. Another 2.2 million deaths were caused by high blood sugar in 2012. The prevalence of diabetes has increased more rapidly in middle- and low-income countries. The exponentially increasing future high prevalence of DM accounts for most of the mortality and morbidity worldwide. Danger sign of diabetes and related diseases. India has been the source of human development and revolution since ancient times. We have a rich history and knowledge of the plants and animals used in the healing system. Plants have been used in medicine since the ancient Indian system of Ayurveda. Thus, we found that the diabetic drug system is highly dependent on the composition of synthetic drugs. In this review, we try to complete the traditional, phytochemical and pharmacological studies of medicinal plants. Natural products were considered the best choice because they are less harmful to the environment and other non-target organisms.*

Keywords: Diabetes, Prevalence, Medicinal herbs, Ayurveda's, Plant

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