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## A Review Paper on Human Computer Interaction

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**Abstract:** The progress of computer technology is what gave rise to the concept of human-computer interaction. humans and its relationship to technology. Resilience can be described as a collection of practices and routines that facilitate our ability to rebound from challenges. The term 'resilience' finds application across a wide spectrum of areas, encompassing the economy, real estate, events, sports, business, psychology, the educational field, and numerous others. Resilience is essentially composed of a variety of different talents and abilities for the aim of forming meaningful relationships.

**Keywords:** Resilience, Resilience Strategies, Technology, Younger participants, Artifacts, Emotional intelligence, Fidelity Prototyping, Human Computer Interaction, Human Factors, Interactivity, Information Systems

