

# **Action Research**

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**Abstract:** *Action Research is a systematic method of inquiry that teachers undertake in the role of researchers investigating their own teaching practices. It is often referred to as a "cycle of action" or "cycle of inquiry" due to its recurring and structured process. As a simple example, the process begins with identifying a problem for study, collecting data related to that problem, and then organizing, analyzing, and interpreting the collected data. This approach empowers teachers to develop new knowledge directly applicable to their classrooms, encourages reflective teaching and thinking, broadens the pedagogical skills of educators, grants teachers greater control over their profession, and reinforces the connection between practice and student achievement.*

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