

A Literature Review on the Role of Religion on Sexuality

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Abstract: *The intricate relationship between religion and sexuality has long been a subject of both academic intrigue and societal significance. This dynamic intersection, marked by the influence of religious beliefs and practices on individual sexual attitudes and behaviours, has given rise to a spectrum of perspectives, debates, and discussions. In this exploration of "The Role of Religion on Sexuality," we embark on a journey to dissect how different religious traditions, teachings, and moral codes shape the sexual identities, beliefs, and behaviours of individuals. The significance of this relationship cannot be overstated, as it often transcends mere personal beliefs, extending its reach into the fabric of cultures and societies. However, it is essential to note that this relationship is far from uniform. The multifaceted tapestry of various religions, denominations, and individual interpretations within these belief systems leads to a rich diversity of perspectives on sexuality.*

This study encompasses an examination of both historical and contemporary facets of the interplay between religion and sexuality, delving into the moral and ethical considerations that underpin this complex relationship. The dynamic nature of this interaction, characterized by its evolution over time and its variance across different religious traditions and societies, forms the backdrop against which we explore the role of religion in shaping sexual attitudes, behaviours, and identities. In our review of the literature, we find that religion has played a pivotal role in the regulation and guidance of human sexuality throughout history. Ancient religious texts have served as repositories of teachings and moral guidelines related to sexual conduct, frequently framing sexuality within the contexts of morality, family, and procreation. As we traverse the annals of time, we discover the moral and ethical frameworks established by various religious traditions, emphasizing values such as chastity, monogamy, and abstinence before marriage, while simultaneously condemning practices like adultery, premarital sex, and homosexuality

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