

Review On: Guide to Grow Piper Betel Plant and its Pharmacological, Nutritional Value in Health Management

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Abstract: *The betel, Piper betel, is a species of flowering plant in the pepper family Piperaceae. It is mainly grown in Sri Lanka, India, Thailand, Taiwan & other Southeast Asian countries. The leaves are nutritive and contain anticarcinogens showing promise for manufacturing a blood cancer drug. Betel leaves are the most valued part of the plant, in the past were routinely used as a chewing agent to restrict offensive breath and they contain tannins, chavicol, phenyl, propane, sesquiterpene, cineole, alkaloid, sugar, and some essential oil and found various medicinal value, digestive, appetizer, aromatic, expectorant, stimulant, anti-bacterial, antiprotozoal, carminative, anti-fungal and aphrodisiac, etc. This review for the first time provides information on therapeutic effects and also addresses the various mechanisms which might be involved.*

Keywords: Piper betel, Chemical constituents, Collection & cultivation, Pharmacological activity.

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