

# Review on Drug Asafoetida Traditional uses and Pharmacological Activities

Govind S Nirgunkar<sup>1</sup>, Miss Nikita Bajad<sup>2</sup>, Prof. Dr. Swati Deshmukh<sup>3</sup>,  
Abishek Gawande<sup>4</sup>, Kartik Jadhao<sup>5</sup>

Students, Shraddha Institute of Pharmacy, Washim, Maharashtra, India<sup>1,4,5</sup>

Lecturer, Shraddha Institute of Pharmacy, Washim, Maharashtra, India<sup>2</sup>

Professor, Shraddha Institute of Pharmacy, Washim, Maharashtra, India<sup>3</sup>

**Abstract:** *Asafoetida* is a herbaceous plant of the *Umbelliferae* family. It is an oleo gum resin obtained from the rhizomes and roots of plants. Spices are used to aid digestion, as a seasoning for food, and as pickles. In modern herbalism it is used to treat hysteria, some neurological diseases, bronchitis, asthma and whooping cough. It was once used to treat pneumonia and gas colic in babies. Chewing gum has antispasmodic, carminative, expectorant, laxative and sedative properties. The essential oil in gum is released from the lungs, making it perfect for treating asthma. The scent of *Asafoetida* spreads to the breath, bladder, bloating and stomach burping. Its properties are antispasmodic, expectorant, stimulant, menstrual and anthelmintic. *Asafoetida* is also used as a sedative. It also reduces blood pressure and blood pressure. In India, it is widely used in food and medicine in Indian medical systems such as Ayurveda.

**Keywords:** Ferula Asafoetida, Spice, Umbelliferae

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