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Antibiotics Resistance Past, Present and Future

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Abstract: Antibiotic resistance is a global health concern that has evolved significantly over time. This review provides a comprehensive overview of its past, present and potential future impacts.

Past: Historically, antibiotics revolutionized medicine, saving countless lives by treating bacterial infections. However, the overuse and misuse of antibiotics over the past century has led to the development of resistant bacteria. This resistance arise due to the natural process of genetic mutation and selection.

Current: Currently, antibiotic resistance is a major threat to public health. As resistant bacterial strains have emerged worldwide, some antibiotics are ineffective. This has resulted in longer hospital stays, increased healthcare costs, and increased mortality. Misuse of antibiotics in healthcare settings and agriculture exacerbates the problem.

Future: The future of antibiotic resistance depends on our collective actions. If left unchecked, it could lead to a post-antibiotic era where common infections become deadly. However, efforts to counter the resistance are ongoing. This includes promoting responsible antibiotic use, developing new antibiotics, and advancing alternative treatments such as phage therapy and CRISPR-based approaches.

Multidisciplinary collaboration between the healthcare, agriculture and research sectors is critical to meeting this global challenge.

In conclusion, antibiotic resistance has a complex history and is currently a critical issue. Its future trajectory depends on our ability to implement effective strategies to maintain the effectiveness of antibiotics and find innovative solutions to combat resistant bacteria.

Keywords: Antibiotic resistance.

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- [5]. Websites of universities and research institutions often feature studies and publications related to antibiotics and resistance.
- [6]. Check the websites of government health agencies in your country for national strategies and guidelines related to antibiotic resistance.
- [7]. "The Antibiotic Era: Reform, Resistance, and the Pursuit of a Rational Therapeutics" by Scott H. Podolsky is a comprehensive historical account of antibiotics.
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- [9]. "Antibiotic Resistance: Origins, Evolution, Selection, and Spread" by Stuart B. Levy This book provides a comprehensive overview of antibiotic resistance, its historical context, and the mechanisms behind it.

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- **[12].** "The Antibiotic Era: Reform, Resistance, and the Pursuit of a Rational Therapeutics" by Scott H. Podolsky This historical account traces the development of antibiotics and the challenges posed by antibiotic resistance.
- **[13].** "Future challenges in antimicrobial resistance: from societal impact to rational use of antibiotics" by Herman Goossens et al. (2017) This paper discusses future challenges related to antibiotic resistance and strategies for rational antibiotic use.
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