

Aegle Marmelos: A Review on its Medicinal Properties

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Abstract: *Plants and their products have been a major resource since time immemorial. Food and medicine for humanity. Egle marmelos, commonly known as Bael (or Bel), is a slender, fragrant, medium-sized tree belonging to the Rutaceae family. All number of chemical components of Eglia leaves and various therapeutic effects marmelo has been reported by several researchers.[1]*

These phytochemicals include: Various compounds such as alkaloids, flavonoids and phenolic acids (protocatechuic acid) acids, gallic acid and ellagic acid). □ The current review focuses on nutritional and pharmacological activities. Fruit Bael [2].

The nutritional and phytochemical profiles are discussed below. In addition to reviewing, check the consistency of the fruit. Recent literature based on The nutritional and pharmacological values of Bael fruit have shown high potential for: Food and medicine.[4]

Keywords: Egle Marmelos (Bael); nutrition; Phytochemicals; pharmacological characteristics; Industrial applications.

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