

Various Alternative Therapies and their Treatment on Various Disease

**Mr. Shilbhushan Nandakishor Kahale¹, Mr. Shubham Jaykisan Sahdeo²,
Mr. Sangharsh Vinodrao Kirdak³, Mr. Suraj B. Rathod⁴**
Final Year B. Pharma Students, Department of Pharmaceutics^{1,2,3}
Associate Professor, Department of Pharmaceutics⁴
Vardhaman College of Pharmacy, Koli, Karanja (Lad), Washim, Maharashtra, India

Abstract: *The alternative medicine encompasses a diverse array of therapies and practices diverging from conventional biomedical approaches. This study delves into the multifaceted nature of alternative therapies, including Ayurveda, homeopathy, acupuncture, naturopathy, yoga, herbal medicine, massage therapy, and more. Emphasizing its widespread use globally, the research examines the reasons behind its popularity, citing factors like patient autonomy and alignment with personal beliefs. The assessment evaluates the effectiveness of these therapies in treating various illnesses and their acceptance among diverse populations. Additionally, the paper discusses the coexistence and integration of alternative medicine with traditional healthcare systems and highlights the challenges and perceptions surrounding its adoption. This exploration underscores the increasing embrace of alternative medicine and its role in healthcare alternatives for a substantial segment of the population*

Keywords: Alternative medicine, Ayurveda, homeopathy, yoga in cancer therapy, herbal medicine and its benefits

REFERENCES

- [1]. Berkenwald A. In the name of medicine. *Ann Intern Med* 1995;128:246-50.
- [2]. Eisenberg DM, Kessler RC, Foster C, Horlock FE, Calkins DR, Delbanco TL. Unconventional medicine in the United States. prevalence, costs and patterns of use. *N Engl J Med* 1993;328(4):246-52.
- [3]. Goldbeck-Wood S, Dorozynski A, Lie Lg. Complementary medicine is booming worldwide. *BMJ* 1996;313(7050):131-3.
- [4]. MacLennan AH, Wilson DH, Taylor AW. Prevalence and cost of alternative medicine in Australia. *Lancet* 1996;347(9001):569-73
- [5]. CTV/Angus Reid Group poll. Use of alternative medicines and practices. Angus Reid Group, Inc 1997
- [6]. Saul G. Alternative Medicine and internet. *Paediatr Child Health* 1999;4(8):539-41.
- [7]. Lakshmikantam V. Origin of Human Past. Bharathiya Vidya Bhavan, Bombay 1999.
- [8]. Kutumbaih P. Ancient Indian Medicine. Orient Longman's Bombay 1962.
- [9]. Firth WJ. Chaos-predicting the unpredictable. *BMJ* 1991;303(6817):1565-68.
- [10]. Dharmapal. Indian Science and Technology in the 18th century, 1983, Academy of Gandhian Studies, Hyderabad.
- [11]. Hegde BM: Angina an Indian Disease. *J Assoc Physicians India* 1999;47:440-2.
- [12]. Frawley David. Ayurveda and the Mind. 2000. Motilal Banarsidas. Ayurveda the mother of all wisdoms.
- [13]. Swayne J. International Dictionary of Homeopathy 2002;54:577-82.
- [14]. Bratman M, Steven D, Lowell House. (1997). The Alternative Medicine Source book.
- [15]. Acharya D, Shrivastava A. (2008). Indigenous Herbal Medicines: Tribal Formulations and Traditional Herbal Practices.
- [16]. Fontanarosa P, Lundberg G D. (1998). Alternative medicine meets science. The Journal of American Medical Association, 280(18), 1618-1619.
- [17]. <http://www.webmd.com/balance/what-is-alternative-medicine#1>

- [18]. Renckens C. (2009). A Dutch view of the science of CAM 1986—2003. *Evaluation & Health Professions*, 32 (4), 431–50.
- [19]. Risberg T. (2003). Does use of alternative medicine predicts survival from cancer *European Journal of Cancer*, 39 (3), 372-377.
- [20]. Linde K, Clausius N, Ramirez G. (1997). Are the clinical effects of homeopathy Placebo effects? A meta-analysis of placebocontrolled trials, 350, 834–843.
- [21]. Saxon DW, Tunnicliff G, Brokaw JJ, Raess B. (2002). Status of complementary and Alternative medicine in the osteopathic medical school curriculum. *The Journal of the American Osteopathic Association*, 104 (3), 121–126.
- [23]. Eisenberg D. (1993). Unconventional Medicine in the United States - Prevalence, Costs, and Patterns of Use. *The New England J Medicine*, 328, 246-252.
- [24]. Cassileth R. (1996). Alternative and Complementary Cancer Treatments. *The Oncologist*, 1 (3), 173–179.
- [25]. Saber C. (2000). The Biological Basis for Mind Body Interactions. *Progress in Brain Research Elsevier Science*, 122, 393-412.
- [26]. Barberis L, Toni E. (2001). Unconventional medicine teaching at the Universities of the European Union. *Journal of Alternative and Complementary Medicine*, 7 (4), 337–343.
- [27]. Mamtani R. (2005). Ayurveda and yoga in cardiovascular diseases. *Cardiol Rev*, 13 (3), 155–162.
- [28]. Urmila T, Supriya B. (2008). Pharmacovigilance of ayurvedic medicines in India. *Indian Journal of Pharmacology*, 40 (1), 10–12.
- [29]. Chakraborti D, Mukherjee S. (2003). Arsenic toxicity from homeopathic treatment. *Clin Toxicol*, 47 (1), 963–967.
- [30]. Sharma R. (2003). *Medicina Alternativa*. Alpha Science International Ltd, 196–200.
- [31]. Van G, Janca A. (2003). Aromatherapy in nursing and mental health care. *Contemporary Nurse*, 30(1), 69–
- [32]. Sharma R. (2003). *Medicina Alternativa*. Alpha Science International Ltd, 196–200.
- [33]. Van G, Janca A. (2003). Aromatherapy in nursing and mental health care. *Contemporary Nurse*, 30(1), 69–75.
- [34]. Urse V. (1937). Alcoholic mental disorders. *American Journal of Nursing*, 37(3), 225–243.
- [35]. William F. (1988). Natural Law in the Valmiki Ramayan in the Light of Maharishi Vedic Science and Technology. *Modern Science and Vedic Science*, 8, 1-6.
- [36]. Azeemi Y, Raza S. (2003). A Critical Analysis of Chromotherapy and Its Scientific Evolution. *Evidence-Based Complementary Alternative Medicine*, 2(4), 481–488