

A Review On “Comparison and Standardization of Herbal Product Used in Pain Management”

Pranit A. Chouvhan, Rashmi Sonkusre, Dimple Nagpurkar, Karan Gedam, Dipti Damle

New Montfort Institute of Pharmacy, Ashti, Wardha, Maharashtra

pranit0398@gmail.com

Abstract: *Herbal remedies and other complementary and alternative therapies are not presently covered by the mainstream healthcare system. Certain alternative therapies, like herbal medicine, may be reclassified as practices of conventional medicine as the field gains worldwide recognition and a growing consumer base across all age groups, backed by clinical trials and scientific evidence. Adults who use herbal medicine frequently do so for pain relief. Herbal remedies, however, raise questions about safety and may reduce the effectiveness of conventional treatments. Regulated or not, the use of mechanisms of action is unfortunately poorly understood, unreported to medical professionals, and unregulated. The purpose of this review is to gather widely used and accessible herbal remedies that can be used either in place of or in addition to traditional pain management techniques. Clinical trials on pain management are used to evaluate efficacy and safety. The ensuing interactions between herbs and drugs are examined, including cytochrome modulation, synergistic and additive effects, and contraindications. In addition to optimizing and integrating herbal medicine and other complementary and alternative medicines into patient care when necessary, practitioners should be able to integrate self-management into the overall treatment plan for patients with chronic pain.*

Keywords: Herbal remedies

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