

Impact of Bilingual Education on Executive Functioning Skills in Early Childhood

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Abstract: *Bilingual education has become an important topic in developmental psychology and early childhood education. This research paper examines the impact of bilingual education on executive functioning skills among young children, including working memory, inhibitory control, and cognitive flexibility. Drawing upon empirical studies and theoretical frameworks, the paper highlights how early exposure to two languages influences cognitive development, with implications for educational policy and early childhood curriculum design. Findings suggest that bilingual education fosters improved executive functioning skills, though outcomes vary based on age, intensity of exposure, and socio-cultural context.*

Keywords: Bilingual Education, Executive Functioning, Early Childhood

