

Developing the concept of ‘Feel Ezzy Hair Oil’: Explore the Nature of Hair Oil with Respect to Personal Well-Being

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Abstract: Hair fall is a very common phenomenon and a matter of concern within whatever young or aged. This study is formulated a herbal hair oil and made a clinical trial over selected person under the research and development unit at Routi Herbal Limited. To see the efficacy of the experimental oil made up of Kala Jera Toil (*Nigella sativa*) Narkal Toil (*Cocos nucifera*) Amlaki (*Emblica officinalis*) Henna (*Lawsonia alba*) Durba Ghas (*Cynodon dactylon*) Mathi (*Trigonella foenum-graecum*) in different concentration over the simple Coconut Oil (purified). Total 25 volunteers man and women were selected for 25 days and arranged in 3 groups, one for experimental oil recipient, one for control group another for the simple Coconut Oil (purified) recipient. And it is found that hair fall reduced to 76%, 72%, 67%, 59%, 32%, 0% on 15days, 30 days, 45 days, 60 days, 75 days, and 90 days by using of this experimental herbal hair oil. Aims of the study: To find out the efficacy of test herbal hair oil over simple Coconut Oil (purified) to reduce the hair falls. Discrimination toward black hair is pervasive in today's society. Hair discrimination is negative bias manifested toward black natural or textured hair styles typically worn by persons of African descent. This commentary discusses the potential effects of hair discrimination on the health and well-being of persons of African descent. Specifically, it explores the mental and physical health implications of hair discrimination and situates it within the broader context of social determinants of health.

Keywords: Hair fall reduction, Herbal hair oil, Combing assay, Hair growth, clinical study

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