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Exploring Herbal Wonders: A Brief Analysis of Healing Flora

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Abstract: *Pharmaceuticals have been derived from therapeutic plants since antiquity. These days, ensuring the quality, efficacy, and preservation of medical plants and herbal products has become crucial in developing countries. The extensive use of herbal remedies and medications is mentioned in the Bible, Quran, and Vedas. Medicinal herbs have long been used to improve and preserve food, treat ailments, and stop the spread of disease, including epidemics. Their healing properties have been handed down through the years. Although plants have long been recognized as a valuable source of natural substances that support human health, more thorough study on natural therapies has reinforced this belief in recent years. Unlike modern Western medicine, herbal therapy is a highly calming and effective method of treating cancer. The biological traits of plant species that are used for a range of purposes throughout the domain, such as the treatment of infectious diseases, are often attributed to active compounds produced during secondary metabolism.*

Keywords: Medicinal Plants, Traditional Medicine, Herbal Remedies, Phytochemicals, Bioactive Compounds, Ethnobotany

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