

The Impact of Fast Food Intake on the Nutritional Status of Urban Adolescent Students

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Abstract: *This research paper investigates the relationship between fast food consumption and the nutritional status of urban adolescent students. With the rising prevalence of fast food outlets in urban areas, adolescents are increasingly exposed to convenient but potentially unhealthy food choices. This study aims to assess the nutritional consequences of such dietary habits and provide insights into the implications for the overall health of urban adolescents.*

Keywords: Fast Food, Nutritional Status

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