

Exploring Medicinal Flora: An In-depth Examination of Plant Remedies

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Abstract: Medicinal herbs have been essential to the development of civilization throughout human history. Nearly all societies have traditionally regarded medicinal plants as a source of healing. Medicinal plants are considered to be rich sources of traditional medicines and are used in the production of many modern drugs. For thousands of years, people have used medicinal plants to treat ailments, preserve food, improve flavor, and halt the spread of disease. The secondary metabolites produced by plants are often responsible for the biological characteristics of plant species that are used around the world. Compounds originating from plants control how microbes flourish in a variety of settings. In this post, we provide a general overview of the therapeutic plants.

Keywords: Medicinal Plants, Herbal Medicine, Ethnobotany, Traditional Medicine, Phyto chemicals, Pharmacological Properties, Therapeutic Uses

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