

Role of Mid Day Meals in Addressing Malnutrition in Schools

Shailja¹ and Dr. B. K. Pandey²

Research Scholar, Department of Home Science¹

Research Guide, Department of Home Science²

OPJS University, Rajasthan, India

Abstract: *Malnutrition is a global health concern that affects millions of children, hindering their physical and cognitive development. In many developing countries, school-based nutrition programs, such as midday meal schemes, have been implemented to combat malnutrition among school-going children. This paper explores the crucial role of midday meals in addressing malnutrition in schools, focusing on their impact, challenges, and potential for improvement*

Keywords: School Meals, Child Health, Educational Performance

REFERENCES

- [1]. RTE (2009). MHRD, Govt. of India. www.mhrd.gov.in
- [2]. Mondal, Nabakumar, samanta, T.K. & Mandal, sirshendu (2007). "Effect of Mid-day meal in Primary Education", Anwesa, Vol 2.
- [3]. Swaminathan, M (1999). Food and Nutrition, Vol 2
- [4]. UNDP (1999). Human Development Report, Oxford University Press, New York
- [5]. Planning Commission, (2010) Performance Evaluation of Cooked Mid day meal, PEO Report no.202, Planning commission, GOI.
- [6]. Acharya, A.A. (1984). Compulsory primary education in Andhra Pradesh: A policy analysis. Ph.D. Thesis in Education, Osmania University, Hyderabad & NCERT (ed.) Fourth Survey of Educational Research, Volume 3, p1260.
- [7]. Bhattacharyya, B.K. (2006). Mid-day meal programme with particular reference to Nalbari & Golpara districts of Assam. National Institution of Educational Planning & Administration, New Delhi.
- [8]. Bhattacharyya, B.K. (2006). Mid-day meal programme with particular reference to Nalbari & Golpara districts of Assam. National Institution of Educational Planning & Administration, New Delhi.
- [9]. Assam. National Institution of Educational Planning & Administration, New Delhi.
- [10]. Blue, J. (2005). The government primary school mid-day meals scheme: an assessment of programme implementation & impact in Udaipur district. Retrieved January 11, 2009, from www.righttofoodindia.org/data/blue2005middaymeal.doc
- [11]. Chauhan, S. D. (2011). A study of mid-day meal programme in the government primary schools of the Gwalior city of Madhya Pradesh. Ph.D thesis, Centre of Advanced Study in Education
- [12]. Cooked Mid Day Meal Programme (2010). Performance evaluation of cooked mid day meal. Programme Evaluation & Organisation Planning Commission Government of India, New Delhi.
- [13]. Sinha S. (2004). Mid-day meal scheme & schools- a need for universal coverage. National Council of Educational Research & Training, New Delhi.