

# Cause of Stress and Depression Because of Education During Covid

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**Abstract:** *Education should give a person the physical, intellectual, emotional, and spiritual tools they need to face life's problems with confidence, daring, and the ability to make wise judgments and gain new views. The main goal of education is to guide a person toward leading a fruitful and fulfilling life. The variance in educational quality, which tends to be a reflection of economic affluence, is one of the ongoing issues facing the educational system today. Education is regarded as essential for one to succeed in society. This research paper's primary goal is to comprehend the issues with the Indian educational system, namely the areas that have received the most attention include the necessity and importance of education, problems with the Indian educational system, difficulties faced by the Indian educational system, and recommendations for enhancing the Indian educational system*

**Keywords:** Students, Education, Covid, Stress, Depression.

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