

A Study of Stress Management and its Impact on Performance of Employees in Haldiram Company Pvt Ltd

Priti Mishra and Prof Suziya Khan
Jhulelal Institute of Technology, Nagpur, India

Abstract: *Human Resource Management is an art of managing people at work in such a manner that they give their best to the organization. In simple word human resource management refers to the quantitative aspects of employees working in an organization. Human Resource Management is also a management function concerned with hiring, motivating, and maintains people in an organization. It focuses on people in organization. Human resource management plays an important role in the development process of modern economy. In fact it is said that all the development comes from the human mind..*

Keywords: Human Resource Management

REFERENCES

- [1]. www.haldiram.com
- [2]. www.google.com
- [3]. www.wikipedia.com
- [4]. <http://www.businessdictionary.com>