

A Study on Difficulties faced by 10th std Students of Thakur School of Global Education, Kandivali West in Maintaining a Healthy Lifestyle

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Abstract: *The present study aims to study difficulties faced by 10th std students of Thakur School of Global Education, Kandivali West in maintaining a healthy lifestyle. For the present study, a questionnaire is used to collect data from Thakur School of Global Education, Kandivali West Mumbai students. This research was conducted to understand the poor hygiene practices and inadequate sanitary conditions that play major roles in the increased burden of communicable diseases within developing countries. This study evaluated the knowledge, attitudes, and practices of hygiene among school children and assessed the extent to which proper knowledge of hygiene was associated with personal hygiene characteristics*

Keywords: Study, Difficulties, Students, Healthy, Lifestyle, School

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