

Difficulties Faced by VIIIth Standard Students during Puberty

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Abstract: *The purpose of this research is to explore the difficulties faced by students during puberty and understand how these difficulties affect their academic performance, mental health, and overall well being. This research will provide insights into the challenges that students face during this period and help identify strategies that can be used to support them. It will also contribute to the existing literature on puberty, which is critical for promoting healthy development and preventing negative*

Keywords: Puberty, adolescents

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