

Coping Practices of Maritime Students of Surigao in Online Learning Education

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Abstract: Presented in this study is the Coping practice of the 3rd year Maritime Students of Surigao in an online learning education. The factors that help determine the coping practices of the students are emotion-focused and problem-focused. There are 44 participants who responded to the study using the purposive random sampling technique. Each participant was sent a link to a researchers-made questionnaire using Google forms as the medium of the survey. The data gathered were analyzed by the following descriptive statistical tools: (a) frequency distribution and percentage, (b) mean and standard deviation, (c) analysis of variance (ANOVA). With this, the coping practices when it comes to emotion-focused had an average of 3.166 and was described as good. The coping mechanism when it comes to problem-focused had an average of 3.053 and was described as good. In the view of the findings and the conclusion drawn from the gathered data about what coping practices of the maritime students of Surigao, the emotion-focused has been found good when it comes to the student's coping practices while as to problem-focused, students still obtained it as a coping when facing and easing their tension. Also, the students' coping practices when using emotion-focused and problem-focused vary according to their profile variable.

Keywords: Maritime Students, Coping practices, Emotion-Focused, Problem-Focused

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