

Unveiling Nature's Secrets: A Comprehensive Review of Poly-Herbal Anti-Infertility and Aphrodisiac Powders for Reproductive Health

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Abstract: *This review article aims to evaluate the efficacy of a poly-herbal anti-infertility and aphrodisiac powder preparation. The preparation consists of five different plant ingredients, including Punicagranatum, Withaniasomnifera, Foeniculumvulgare, Nigella sativa, and Glycyrrhizaglabra. Each plant powder is added in varying quantities ranging from 10% to 35%. The article discusses the traditional use and scientific evidence supporting the use of each plant in the powder. In conclusion, the review highlights the potential of this poly-herbal powder as an effective natural remedy for infertility and enhancing sexual function. However, further clinical studies are necessary to establish the safety and efficacy of the preparation.*

Keywords: Poly-Herbal Anti-Infertility

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