

Level of Anxiety, Depression, and Stress Among Rural Health Unit Nurses During the Covid-19 Pandemic among Selected Municipalities in the 6th Congressional District of Isabela

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Abstract: *The purpose of this study was to assess the level of anxiety, depression, and stress of Rural Health Unit nurses during the Covid-19 pandemic in the selected municipalities in 6th Congressional District of Isabela. It sought to determine the demographic profile of the respondents, including their age, gender, religion, civil status, work setting, and number of years of work experience; the level of anxiety, depression, and stress among RHU nurses; and any significant difference on the level of anxiety, depression and stress when grouped according to their demographic profile. The cross-sectional descriptive design was used for the study. Total enumeration was used in the selection of respondents. The respondents were the 50 RHU nurses from RHU Echague, CHO Cauayan, and RHU San Isidro only who are employed from January 2022 to June 2022. The statistical tool used were the descriptive statistics such as frequency counts, percentage, and weighted mean were applied to describe the demographic profile and level of anxiety, depression, and stress. Spearman's correlation was used to determine the extent to which certain variables relate to the DAS (Depression, Anxiety, and Stress). Based on the findings of the study, it was revealed that the level of anxiety, and stress among RHU Nurses was mild, low level of depression, and it was found that there is no significant difference between the level of depression, anxiety, and stress in the respondents' demographic profiles*

Keywords: Anxiety, Depression, Stress, Nurses

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