

Pattern of Mental Disorder in Patients

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Abstract: *Stress and pressure among young people are likely to blame for the overuse of the phrase "mental disorder" in current society. The purpose of this study is to examine the prevalence of mental illnesses among patients admitted to a medical college hospital between April 1, 2005, and March 31, 2010. Medical college hospital patients hospitalized with mental problems between April 1, 2005 and March 31, 2010 were studied in retrospective research. What we used and how we did it. Documented data taken directly from the files and databases of the office of medical records. The Z test is used to compare the proportions of two groups. A total of 7908 instances of mental illness were reported to the medical college hospital, with 5564% of them being men and 2344% being women. Most of the occurrences occurred in people between the ages of 30 and 44. In the ages of 0 to 29 years and 60 years, mental illness was more common in women, while in the ages of 30 to 59 years, it was more common in men. Males were more likely to suffer from mental illness than females in every year. Most of the instances were related to mood problems. In terms of mental and behavioral illnesses resulting from psychoactive drug use, males were more likely to suffer from mental and behavioral disorders than females. According to the results, mood illness was the most common mental condition, followed by psychoactive substance-related mental and behavioral problems. Most mental illnesses may be avoided with the aid of counseling. The way to managing mental diseases is to improve mental health care facilities.*

Keywords: Age, anxiety disorder, mental disorder, nervous system, behavioral disorders.

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