

Goal Setting for Successful Personal Life Management

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Abstract: *Present scenario life of every human being moving fast and every day new challenges and opportunities faced by every person. To face any challenge occurred in personal or professional life or to grab many opportunities, goal setting is important tool for managing personal life successfully. Goal setting is not new or any modern concept but it is important for making path of successful life. Thus, Goal Setting is important for every phase of human life also when we think about globalized and competitive era setting goal is important aspect. From this point of view researcher wants to focus on utility of setting goals in day-to-day life for making life successfully. Apart from that, we seen so many people are unsuccessful or they cannot achieve their goals because they not prepare perfect action plan of their life. Therefore, this research paper helpful for preparing goals for successful personal life. The present research paper is prepared with the help of observation and secondary data preferred for this research. The process of goal setting, Principles of goal setting, development of SMART goals, techniques for successful personal life are bases of this research paper.*

Keywords: *Goal, Goal Setting, Personal Life, Professional Life, Life Management.*

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