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# A Study on Employee Job Satisfaction and Employee Work Life Balance

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Abstract: This study investigates about employee's job satisfaction and employees work life balance with the sample size of 171. The aim of the research is to analyze the employee's opinion, whether they are satisfied with their job and are they able to balance work life. The study incurs a quantitative research approach, utilizing surveys as the primary data collection method. The survey questionnaire incurs satisfaction level of employees, and are they able to balance work life. The sample size of 171 employee's opinion is been collected from the organization. The data analysis that is been included are means, frequency and percentage to provide an overview of employee's perception. Additionally, other analysis such as correlation and regression analysis, is conducted to identify the relationship between employee's job satisfaction and the measures that is been initiated to balance their work life. The findings of this study will contribute the employee's opinion towards their work, and how much they are satisfied with their job. As well as are they able to balance their work life and personal life.

**Keywords:** Job Satisfaction, Work Life, Personal Life, Data Analysis, Employee's Perception, Quantitative Research

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