

# A Case Study on Sustainable Food Production

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**Abstract:** *This case study examines the implementation of sustainable food production practices by a small-scale farmer in a developing country. It explores the importance of sustainable agriculture in ensuring food security, reducing environmental degradation, and promoting economic development. The study highlights the strategies employed by the farmer and their impact on local communities and the environment. The findings offer valuable insights into the challenges faced, lessons learned, and recommendations for scaling up sustainable agriculture practices globally.*

**Keywords:** Sustainability, Organic farming, environment friendly, safe food, nutritious food, good agriculture practices