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A Case Study on Role of Tropical Fruits in Cooking

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Abstract: This case study explores the significant role of tropical fruits in cooking, focusing on their diverse culinary applications, flavors, nutritional benefits, and cultural significance. It examines specific tropical fruits from a selected region renowned for its tropical fruit production and analyzes their roles in traditional and innovative dishes. The study highlights the ways in which tropical fruits contribute to the creation of unique flavor profiles, add visual appeal to culinary creations, and provide nutritional value to dishes.

Keywords: Tropical fruits, Nutritive value, Cooking styles, cooking techniques, Fruit Preservation, Varieties of tropical fruits

