

A Case Study on Role of Spices in Cooking

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Abstract: *This case study explores the significant role of spices in cooking, focusing on their impact on flavor, aroma, and culinary traditions. It examines the cultural and historical significance of spices, their diverse uses in different cuisines, and their influence on taste profiles. The study highlights a specific region known for its rich spice heritage and analyzes the ways in which spices contribute to the uniqueness and popularity of its culinary offerings.*

Keywords: Varieties of spices, Spices from leaves, Spices from flowers, Medicinal use of spices, Aromatic spices