

# Review on Health Monitoring System Through IoT

Sushant Ghatolkar<sup>1</sup>, Dikshant Khobragade<sup>2</sup>, Shubham Sontakke<sup>3</sup>, Sameen Khan<sup>4</sup>, Gunwant Mundhe<sup>5</sup>,

Prof. Sharda Dabhekar<sup>6</sup>

<sup>1,2,3,4,5</sup>Student, Rajiv Gandhi College of Engineering, Research & Technology, Chandrapur, Maharashtra, India

<sup>6</sup>Professor, Rajiv Gandhi College of Engineering, Research & Technology, Chandrapur, Maharashtra, India

**Abstract:** In the current healthcare environment, there is a growing need for advanced technologies to address the issue of unexpected deaths caused by heart problems and attacks, particularly among elderly individuals. This problem arises due to the lack of timely medical intervention and monitoring. To overcome this challenge, we propose an innovative design called Patient Health Monitoring, which utilizes sensor technology and internet connectivity to communicate vital information to healthcare providers and family members. The system incorporates temperature and motion sensors that are connected to an Arduino Uno microcontroller. The microcontroller is then linked to a television display and a Wi-Fi connection, enabling the transmission of data to a web server (wireless seeing knot). By utilizing this system, we aim to prevent unforeseen deaths by providing real-time health monitoring for patients. The temperature and motion sensors detect any abnormalities, such as a sudden rise in body temperature or lack of movement, which could indicate a potential health issue. This information is then relayed to healthcare providers and loved ones through the internet, ensuring prompt medical attention can be provided when necessary. In summary, our proposed design leverages wireless technology, sensor devices, and internet connectivity to improve patient monitoring and reduce the incidence of unexpected deaths caused by heart problems. By implementing this system, we can enhance medical care for elderly individuals and ensure timely intervention in critical situations.

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