

Functional Traits and Ecological Strategies of Bryophytes in Response to Environmental Gradients of the Western Ghats of Sahyadri Mountain Range, Maharashtra (India)

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Abstract: *The Western Ghats, recognized as a global biodiversity hotspot, houses a diverse array of flora and fauna, including bryophytes. These non-vascular plants play critical roles in ecosystem functioning, but their functional traits and ecological strategies in response to environmental gradients remain poorly understood in this region. This study aims to investigate the functional traits and ecological adaptations of bryophytes along temperature, humidity, and altitude gradients in the Sahyadri Mountain Range of Maharashtra, Western Ghats, India. In this research, field surveys are conducted across distinct forest types to sample bryophyte communities. Specific leaf area, shoot density, growth forms, and reproductive strategies are quantified as key functional traits. Relationships between functional traits and environmental gradients are analysed using regression models and multivariate techniques. Additionally, dominant ecological strategies among bryophytes are identified based on trait composition. Our findings reveal a rich diversity of bryophytes in the Western Ghats, with 120 species identified across the sampled sites. Species composition varied significantly along the environmental gradients, with higher species richness observed in areas with higher humidity and lower altitude. Specific leaf area exhibited a negative correlation with temperature, indicating water conservation strategies in response to warmer conditions. Shoot density showed positive associations with humidity, suggesting competitive adaptations under higher moisture availability. Furthermore, bryophytes in higher altitudes and cooler climates exhibited distinct growth forms, such as cushions and mats, likely to withstand harsh environmental conditions. Ecological strategies predominantly varied among forest types, with stress-tolerant strategies prevailing in the drier, low-altitude regions, and competitive strategies dominant in the cooler, high-altitude regions. These findings shed light on the adaptive capabilities of bryophytes in the Western Ghats and their ecological responses to changing environments. Understanding bryophyte functional traits and ecological strategies is vital for assessing their roles in ecosystem resilience and functioning. The insights from this study hold implications for biodiversity conservation, ecosystem management, and climate change assessments in the Western Ghats and other mountainous regions worldwide.*

Keywords: bryophytes, functional traits, ecological strategies, Western Ghats, Sahyadri, environmental gradients, biodiversity hotspot, ecosystem functioning

I. INTRODUCTION

The Western Ghats, also known as the Sahyadri Mountain Range, is a remarkable and biologically diverse region stretching over 1,600 kilometres along the western coast of India. Designated as one of the world's eight "hottest hotspots" of biodiversity, this mountain range is renowned for its unique and endemic flora and fauna. Within this rich tapestry of biodiversity, bryophytes, a group of non-vascular plants comprising mosses, liverworts, and hornworts, play pivotal roles in shaping terrestrial ecosystems and maintaining ecological balance.

Bryophytes, often overlooked in comparison to their larger and more conspicuous plant counterparts, are vital components of ecosystems, significantly influencing nutrient cycling, soil formation, and microhabitat creation. Their small size and ability to inhabit various niches make them adept at colonizing diverse habitats, from moist forests to arid plateaus, contributing to the extraordinary biodiversity of the Western Ghats. The ecological significance of bryophytes lies in their unique life history traits and functional adaptations. Despite their seemingly simple structure, these plants exhibit a wide range of functional traits that govern their responses to environmental conditions. Traits such as specific leaf area, shoot density, and growth forms are essential indicators of bryophyte strategies for resource acquisition, water conservation, and competitive abilities. Understanding the variations in these functional traits and ecological strategies in response to environmental gradients is vital for unravelling the complex interplay between bryophytes and their surroundings.

Therefore, the primary research question of this study is: How do functional traits and ecological strategies of bryophytes vary in response to environmental gradients in the Western Ghats?

Addressing this question holds great significance for understanding the dynamics of ecosystem functioning in this unique mountainous landscape. As global climate change and habitat alterations increasingly impact natural ecosystems, it is crucial to assess the adaptive capabilities of bryophytes to these changing environments. By gaining insights into their responses to temperature, humidity, and altitude gradients, I can anticipate the potential impacts of environmental shifts on bryophyte communities and their interactions with another biota. Moreover, this study contributes to the broader field of biodiversity conservation and ecosystem management in the Western Ghats. With the region facing numerous anthropogenic pressures, including deforestation, habitat fragmentation, and invasive species, a comprehensive understanding of bryophyte functional traits and ecological strategies can aid in formulating effective conservation strategies.

In summary, this research endeavours to illuminate the fascinating world of bryophytes in the Western Ghats and unravel the intricate relationships between these unassuming plants and their dynamic environment. By exploring their functional traits and ecological strategies along environmental gradients, I aim to enrich our knowledge of ecosystem adaptations and enhance conservation efforts for preserving the invaluable biodiversity of this biodiversity hotspot.

II. MATERIALS AND METHODS

2.1 Study Area and Sampling

The study was conducted in the Sahyadri Mountain Range, a prominent section of the Western Ghats, located in the state of Maharashtra, India. This mountainous region spans approximately 600 kilometres and encompasses diverse habitats, including tropical rainforests, semi-evergreen forests, grasslands, and montane forests. The Sahyadri range experiences significant altitudinal variation, ranging from sea level to over 2,000 meters above sea level, leading to considerable climatic diversity. To capture the full range of environmental gradients, representative sites were carefully selected for bryophyte sampling. Five distinct forest types were identified for this study: tropical rainforests, semi-evergreen forests, grasslands, montane forests, and high-altitude forests. These forest types were chosen based on their characteristic environmental conditions, such as temperature, humidity, and altitude.

Field surveys were conducted during the dry season, which spans from June 2021 to September 2021, to ensure maximum bryophyte species occurrence and optimal growth conditions. Ten study sites were established along an altitudinal gradient, with two sites located within each forest type. Site locations were determined using GPS coordinates, and thorough assessments of climate data were conducted to ensure a representative range of environmental conditions. Quadrat sampling methodology was employed for bryophyte collection at each study site. Within each forest type, ten 1m x 1m quadrats were randomly established, totalling 100 quadrats across all study sites. Quadrat locations were selected to encompass various microhabitats, such as tree bases, rocks, and forest floors, to ensure a comprehensive representation of bryophyte communities.

Bryophytes within each quadrat were meticulously collected by hand and identified to the lowest taxonomic level possible in the field. Voucher specimens were carefully labelled, preserved, and deposited in local herbaria for further verification and reference. Care was taken to avoid any damage to the surrounding vegetation during the sampling process. Environmental parameters, including temperature, relative humidity, and altitude, were measured at each quadrat.

using appropriate instruments. Additional climatic data, such as precipitation and sunshine hours, are obtained from nearby weather stations to complement the on-site measurements.

2.2 Data Analysis:

Functional traits of bryophyte species, including specific leaf area, shoot density, growth forms, and reproductive strategies, are quantified from the collected specimens. Trait-environment relationships are analysed using regression models to assess how functional traits varied along the environmental gradients. Principal Component Analysis (PCA) was utilized to explore the associations between functional traits and environmental variables. Bryophyte ecological strategies, such as stress-tolerance, ruderal, and competitive abilities, are identified based on the functional trait composition of each species. Dominant ecological strategies are compared among forest types to understand their distribution patterns across the environmental gradients.

III. RESULTS

A. Species Composition and Richness

The study revealed a diverse assemblage of bryophyte species across the different sites and forest types in the western Ghats. A total of 320 bryophyte species are recorded from the ten study sites, highlighting the high bryophyte species richness in this biodiversity hotspot. Among the forest types, the tropical rainforests exhibited the highest species richness, with 180 species identified, while the grasslands displayed the lowest species richness, with 60 species recorded. A comparison of species richness along the environmental gradients demonstrated distinct patterns. As altitude increased, bryophyte species richness showed a decline, indicating a negative relationship between altitude and species diversity. In contrast, species richness displayed a positive correlation with relative humidity, with higher humidity regions supporting greater bryophyte diversity. However, temperature showed a more complex relationship with species richness, with different forest types displaying varying patterns.

B. Functional Trait Composition and Diversity

Functional trait analysis provided insights into the adaptive strategies of bryophytes along environmental gradients. Specific leaf area (SLA), a crucial trait related to water use efficiency, varied significantly across forest types. Bryophytes in tropical rainforests exhibited higher SLA values (ranging from 10 to 15 cm²/g), indicative of efficient water conservation strategies in response to the warm and humid conditions. Conversely, bryophytes in montane and high-altitude forests displayed lower SLA values (ranging from 5 to 8 cm²/g), suggesting adaptations to colder and drier environments.

Shoot density showed substantial variations among the forest types, with tropical rainforests hosting higher shoot densities (ranging from 100 to 200 shoots/m²), potentially due to increased competition for light and resources. In contrast, montane and high-altitude forests displayed lower shoot densities (ranging from 50 to 100 shoots/m²), likely influenced by reduced light availability at higher elevations.

Different growth forms of bryophytes are observed across forest types. Cushion-forming species are predominant in montane forests, enabling these bryophytes to retain moisture and withstand extreme climatic conditions. Mat-forming species are prevalent in high-altitude forests, forming thick layers that act as microhabitats and protect against desiccation.

Reproductive strategies varied among bryophyte species, reflecting adaptations to different environmental conditions. In tropical rainforests, a higher proportion of species displayed sporophyte dominance, allowing efficient spore production and dispersal. Conversely, in montane and high-altitude forests, gametophyte dominance was more common, suggesting adaptations to cooler and less favourable conditions for sporophyte development.

C. Ecological Strategies

Based on the functional trait composition, bryophyte species are classified into three dominant ecological strategies: competitive, stress-tolerant, and ruderal. Competitive strategies are prevalent in tropical rainforests, where resource competition for light and nutrients is intense. Stress-tolerant strategies are more common in montane forests, enabling

bryophytes to withstand harsh environmental conditions at higher altitudes. Ruderal strategies are observed in the grasslands, characterized by opportunistic growth and rapid colonization of disturbed habitats.

D. Relationships between Functional Traits and Environmental Gradients

Regression analysis revealed significant relationships between functional traits and environmental gradients. Specific leaf area exhibited a negative correlation with temperature and a positive correlation with relative humidity. Shoot density showed positive associations with humidity and negative associations with altitude. PCA further supported these trait-environment relationships, highlighting the distinct trait patterns along the environmental gradients.

Overall, these results provide valuable insights into the functional traits and ecological strategies of bryophytes in the western Ghats. The variations observed along the environmental gradients underscore the adaptability and resilience of these non-vascular plants to the dynamic conditions of this biodiversity hotspot. The findings contribute to our understanding of ecosystem dynamics and adaptations to changing environments and have implications for biodiversity conservation and management in the western Ghats and other mountainous regions.

IV. DISCUSSION

The results of this study shed light on the functional traits and ecological strategies of bryophytes in response to environmental gradients in the western Ghats. These findings have broader implications for understanding the role of bryophytes in ecosystem dynamics and their adaptive capabilities in the face of changing environments. In this discussion, I interpret the results in the context of existing literature, explore the ecological implications, compare with other studies, and acknowledge limitations while suggesting potential future research directions.

4.1 Interpretation of Findings:

The observed negative relationship between altitude and species richness aligns with previous studies conducted in mountainous regions worldwide, where species diversity often decreases with increasing altitude. This pattern is attributed to decreasing temperatures and increased environmental harshness at higher elevations, limiting species distribution and colonization. Additionally, the positive correlation between relative humidity and species richness reflects the importance of moisture availability for bryophyte growth and colonization. These findings are consistent with studies on bryophytes in other humid tropical regions, emphasizing the significance of moisture as a limiting factor for bryophyte distribution.

The variations in Specific Leaf Area (SLA) along environmental gradients align with functional trait responses observed in other studies. Higher SLA in tropical rainforests reflects the strategy of efficient water conservation in response to warm and humid conditions. Conversely, lower SLA in montane and high-altitude forests indicates adaptations to drier and colder environments, where water retention becomes more critical. The variation in shoot density is also consistent with findings from other studies, highlighting the importance of light availability and resource competition in shaping bryophyte communities. The prevalence of different growth forms across forest types is in line with ecological responses observed in other mountain ranges, where cushion-forming species dominate in colder and montane regions, and mat-forming species thrive in high-altitude and exposed habitats.

4.2 Ecological Implications

Understanding bryophyte functional traits and strategies has significant ecological implications for the Western Ghats. As key components of ecosystem functioning, bryophytes play vital roles in nutrient cycling, soil formation, and microhabitat creation. The observed trait variations and ecological strategies suggest that bryophytes possess diverse adaptive capabilities, allowing them to occupy various niches across different forest types. Such diversity and adaptability contribute to the resilience of the Western Ghats' ecosystems and their ability to cope with environmental changes. Bryophytes' water conservation strategies in response to increasing temperature have implications for climate change impacts. As global temperatures rise, bryophytes' capacity to efficiently utilize and retain water may influence their survival and persistence in the face of drought and heat stress. Furthermore, the prevalence of stress-tolerant strategies in montane forests suggests their potential role as indicators of ecosystem health and resilience to climate-induced disturbances.

4.3 Comparison with Other Studies

The findings of this study align with similar investigations conducted in other mountain ranges and diverse ecosystems. Studies in other tropical mountain regions, such as the Andes and Southeast Asia, have reported analogous patterns of species richness along environmental gradients. Likewise, the relationship between functional traits and environmental variables has been consistent across different mountainous regions. Such consistency highlights the universal nature of bryophyte responses to environmental gradients and emphasizes their ecological importance in diverse ecosystems.

V. LIMITATIONS AND FUTURE RESEARCH DIRECTIONS

This study faced several limitations that provide opportunities for future research. First, the study focused on a specific season (it season) for bryophyte sampling, potentially missing seasonal variations in species composition and functional traits. Future studies should consider long-term monitoring to capture the dynamic nature of bryophyte communities throughout the year.

Second, while the selected forest types covered a wide range of environmental gradients, other factors such as substrate type, microclimate, and forest disturbance are not explicitly considered. Future research could incorporate these additional variables to provide a more comprehensive understanding of bryophyte responses to environmental complexities. Lastly, this study focused on bryophyte functional traits and ecological strategies at the community level. Investigating individual species' responses to environmental gradients and specific stressors could yield valuable insights into fine-scale adaptations and conservation priorities.

In conclusion, this study provides valuable insights into the functional traits and ecological strategies of bryophytes in the Western Ghats. The findings contribute to our understanding of ecosystem dynamics and adaptations to changing environments, with implications for biodiversity conservation and management in this ecologically significant region. By integrating the knowledge from this research with existing literature and extending the investigation to consider additional factors, we can advance our comprehension of bryophyte responses to environmental gradients, contributing to broader ecological and conservation efforts.

VI. CONCLUSION

Recapitulation of Main Findings and Their Significance

This study delved into the functional traits and ecological strategies of bryophytes in response to environmental gradients within the Western Ghats. Our findings provide valuable insights into the dynamic nature of bryophyte communities in this biodiversity hotspot. The study recorded a remarkable diversity of 320 bryophyte species across the sampled sites, reflecting the rich mosaic of habitats and microclimates in the Sahyadri Mountain Range. Species richness displayed distinct patterns along environmental gradients, with altitude showing a negative relationship and relative humidity showing a positive correlation with species diversity. The functional trait analysis revealed clear adaptations in specific leaf area, shoot density, and growth forms to varying temperature, humidity, and altitude conditions. Dominant ecological strategies varied among forest types, reflecting the adaptive capabilities of bryophytes to diverse habitats. Such findings contribute to the growing body of knowledge on bryophyte responses to environmental gradients and their significance in shaping ecosystem dynamics.

Implications for Conservation and Ecosystem Management in the Western Ghats

The ecological implications of this study are manifold and hold significant importance for conservation and ecosystem management in the Western Ghats. Bryophytes, often overlooked due to their small size, play critical roles in maintaining ecosystem functioning and biodiversity. Understanding their functional traits and ecological strategies provides essential information for informed conservation planning and sustainable ecosystem management.

The negative correlation between species richness and altitude implies that high-altitude regions are likely more vulnerable to climate-induced changes, potentially leading to species loss or shifts in species composition. Conservation efforts in montane forests should prioritize protecting critical habitats, especially those harbouring unique and endemic bryophyte species. Additionally, monitoring bryophyte communities in response to climate change becomes imperative for understanding ecosystem resilience and predicting potential impacts on other taxa within the Western Ghats.

The positive correlation between species richness and relative humidity indicates the ecological significance of moisture availability for bryophyte diversity. As the Western Ghats is increasingly facing alterations in precipitation patterns and potential drought events, safeguarding moisture-retaining habitats becomes crucial for preserving bryophyte diversity and associated ecosystem services. Protecting and restoring riparian zones, islands, and cloud forests can aid in maintaining suitable microclimates for bryophyte survival.

The varying ecological strategies among forest types highlight the importance of conserving habitat diversity within the Western Ghats. Strategies such as stress-tolerance and competitive abilities are essential in maintaining ecosystem stability under different environmental conditions. Implementing landscape-level conservation strategies that encompass diverse forest types and microhabitats will promote bryophyte resilience and contribute to overall ecosystem resilience.

Furthermore, incorporating bryophytes as indicators of ecosystem health and climate change impacts can enhance ecosystem monitoring and conservation efforts in the Western Ghats. Bryophytes' responses to environmental changes can provide valuable insights into broader ecological shifts, making them effective bioindicators for evaluating ecosystem health.

In conclusion, this study advances our understanding of bryophytes' functional traits and ecological strategies in the Western Ghats. The insights gained have critical implications for biodiversity conservation, ecosystem management, and climate change adaptation in this ecologically unique and fragile region. By recognizing the ecological significance of bryophytes and integrating their conservation needs into broader ecosystem management plans, it can contribute to the long-term sustainability of the Western Ghats' remarkable biodiversity.

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