

International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 4, Issue 1, May 2024

## Mental Health Analysis AI Chatbot

**Farzana Khan<sup>1</sup>, Hassan Ansari<sup>2</sup>, Khan Khalid<sup>3</sup>, Singh Omkant<sup>4</sup>** Assistant Professor, Department of Information Technology<sup>1</sup> Students, Department of Information Technology<sup>2,3,4</sup>

M.H. Saboo Siddik College of Engineering, Byculla, Mumbai, India farzana.khan@mhssce.ac.in, mdhassan.612007.it@mhssce.ac.in, khalid.612023.it@mhssce.ac.in, omkant.612060.it@mhssce.ac.in

**Abstract:** The project work is a practical experience of the knowledge one has. The documentation leads a way to the concept to present the thinking and the upgradation of various techniques into the project. This project entitled "Mental Health Analysis AI Chatbot" is a practical project based on some trends of computer science. Every day the world is searching new techniques in the field of computer science to upgrade human limitations into machines to get more and more accurate and meaningful data. More and more mental health issues such as depression are getting known and recognized by our society today. However, not all of them can receive appropriate treatment. There are many of us still facing the problem of getting the appropriate mental health services every day. We cannot deny the fact that not everyone can get mental healthcare services as they might face some difficulties such as financial problems. Therefore, we may look for new solutions to fix this mental health issue. This demand for solving this issue has led to the proposal of technology as a solution. Chatbot, also known as a conversational agent which can participate in the conversation might be considered one of the solutions too. By mimicking the conversation between human counselor and patient, it can provide counselor service to the patient at some point. However, to further improve the quality of the counselor service, the improvement of the chatbot has to be carried out. By using deep learning, this proposed chatbot can recognize the meaning of the conversation and give a relevant response.

Keywords: AI Chatbot



