## **IJARSCT**



International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 4, Issue 4, April 2024

## **Study of Abnormal Uterine Bleeding**

Dr. Kavita Tiwari

Supervisor, Mahila AVN Bal Vikas, Sirmaur, India

Abstract: Abnormal uterine bleeding in women of childbearing age is bleeding from the uterus that does not follow the normal pattern for menstrual cycles. That is, it occurs too frequently or irregularly or lasts longer or is heavier than normal menstrual periods. The most common type of abnormal bleeding results from problems that interfere with the release of the egg (ovulation). To diagnose abnormal uterine bleeding, doctors ask women questions about the pattern of bleeding (menstrual history) and do a pelvic examination, ultrasonography, and blood tests. A biopsy of the lining of the uterus may be done. Treatment depends on the cause and may include hormones or other medications, such as a combination birth control pill, or a procedure, such as hysteroscopy and dilation and curettage (D and C) If the biopsy detects abnormal cells, treatment involves high doses of a progestin and sometimes removal of the uterus. Above point are study in this research paper.

## Keywords: uterine bleeding

## REFERENCES

- [1]. BROOKS, D.J., WARD, E.W., LEWIS, E.J., HILDITCH, J., NICKELL, L., WONG E. AND THOMPSON, U.L., 2004, Supplementation with flaxseed alters estrogen metabolism in post-menopausal women to a greater extent than does supplementation with an equal amount of soy. *American Journal of Clinical Nutrition*, 79: 318-325.
- [2]. BURKMAN, R.T., 2001, Transitional management: the use of oral contraceptives in perimenopauase. *The Female Patient*, www.obgyn.net/f.
- [3]. C., 2003, Body mass index, serum sex hormones and breast cancer risk in postmenopausal women. *Cancer Research*, 95 (16): 1218-1226.
- [4]. SOARES, C. AND COHEN, I.S., 2001, The peri-menopause, depressive disorders and hormonal variability. *Sao Paulo Medical Journal*, 119 (2): 78-83.
- [5]. WANG, Q., HASSAGER, C., RAVN, P., WANG, S. AND CHRISTIANSEN, C., 1994, Total and regional body composition changes in early post-menopausal women: agerelated or menopause related? *American Journal of Clinical Nutrition*, 60: 843-8.
- [6]. WARK, J.D., 1996, Osteporotic fractures: background and prevention strategies. Maturitas, 23: 193-207.
- [7]. WILLETT, W., STAMPFER, M.J., BAIN, C., LIPNICK, R., SPEIZER, F.E., ROSNER, B., CRAMER, D. AND HENNEKENS, C.H., 1983, Cigarette smoking, relative weight and menopause. *American Journal of Epidemiology*, 117 (6): 651-658.
- [8]. Kristen A. Matteson, MD, Lori A. Boardman, MD, Malcolm G. Munro, MD, and Melissa A. Clark, PhD (2019) ABNORMAL UTERINE BLEEDING: A REVIEW OF PATIENT-BASED OUTCOME MEASURES, National Library of Medicine National Cancer for Biotechnology Information. pp. 620-635

DOI: 10.48175/IJARSCT-17459

