

# Medicinal Value of Plant Cassia Fistula Linn: Golden Shower Tree

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**Abstract:** The fabaceae family includes the Cassia fistula plant, commonly referred to as the Golden Shower, Indiana Laburnum, or Raja vriksha. It originated in East Africa, South Africa, India, the Amazon, and Sri Lanka, and it has since moved to Mexico, China, Mauritius, Mexico, China, and the West Indies. Cassia fistula is used by people to decorate and provide shade for houses as well as for 'Vishukkani' celebrations on Vishu, the first day of the zodiac cycle. It is recognized in medicine for a number of advantages, including liver protection, antifungal, antioxidant, antibacterial, and anti-inflammatory qualities. Gout, fatty liver, bronchitis, jaundice, and skin disorders are among the ailments it is used to treat. Regarding Ayurvedic medicine, It's regarded as a "disease killer" that harmonizes the doshas in the body. (1) The leaves are treated externally for a variety of ailments, including rheumatism and bug stings, and they have laxative properties. Acids, anthraquinones, and glycosides are among the substances found in cassia fistula. Compared to other fruits, its fruit is high in iron and manganese and contains amino acids such as lysine, glutamic acid, and aspartic acid. It is well-known for its therapeutic benefits, which include preventing ulcers, managing diabetes, combating cancer, and suppressing coughs. It also has antifungal characteristics. (2)

**Keywords:** Golden Shower, Cassia fistula, antibacterial, disease killer

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